



# **Navigating Milestones Hand in Hand with Little Ones!**



**Handbook**



# Hello there!

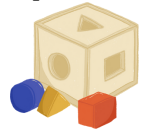


Whether you are a parent, caregiver, educator, or practitioner, this handbook is designed to guide you by supporting the development milestones of little ones every step of the way.



The upcoming activities are suitable for children ages three and older!

You can assist your little ones until they can complete them independently. The activities also highlight the key development skills at the top of each activity page.



Always remember that every child is unique and has a distinct way of expressing their abilities, making their learning journey even more enjoyable!

If you have any inquiries or feedback, feel free to reach out via email at [christanouneh@alittlestepahead.com](mailto:christanouneh@alittlestepahead.com)



You can also visit the contact page at [alittlestepahead.com](http://alittlestepahead.com) and follow @alittlestepahead on Instagram to check out some fun interactive reels!





This section offers ideas for activities based on your observations, helping you create engaging and effective learning experiences that align with your child's unique preferences and development stage.



- ① **Identifying Interests:** Recognizing what captivates your child's attention or excites them.
- ② **Skill Development:** Targeting activities that foster the growth of specific abilities or competencies within your child.
- ③ **Behavioral Cues:** Observing and responding to patterns in your child's behavior that indicate their needs or areas for growth.



**Situation:** The child shows an interest in nature.

**Activity Ideas:**

- Nature Walks: Go on nature walks and collect leaves, rocks, or flowers so they can discover them at home.
- Garden Projects: Create a small garden or plant indoor herbs to teach them about plant growth.
- Nature Journals: Start a nature journal where the child can draw or write about their observations.



**Situation:** The child is developing problem-solving skills.

**Activity Ideas:**

- Puzzle Games: Provide a variety of puzzles, such as jigsaw puzzles.
- Building Blocks: Use building blocks or construction sets to encourage spatial reasoning and creativity.
- Simple Experiments: Conduct simple science experiments that require testing.



**Situation:** The child has difficulty with social interactions.

**Activity Ideas:**

- Role-Playing Games: Encourage role-playing games to practice social scenarios and communication skills.
- Group Activities: Arrange playdates or small group activities that encourage sharing and teamwork.
- Social Stories: Use social stories to teach about social norms and appropriate behaviors in various situations.

## Key Development Skills:

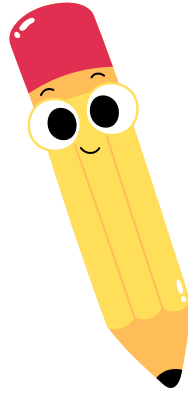
- Problem Solving
- Vocabulary
- Spelling
- Literacy



# Word Search

## Puzzle





# Word Search

Name: \_\_\_\_\_

b	c	b	o	o	k	h	e	l
o	h	e	h	r	u	p	n	e
x	a	f	o	t	m	r	h	a
g	p	u	p	l	a	y	b	r
x	p	n	k	g	l	n	e	n
s	y	h	d	e	n	t	a	r
c	o	l	o	r	b	r	r	q

Word List:

Box

Play

Learn

Book

Color

Fun

Bear

Happy

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## Key Development Skills:

- Literacy
- Spelling
- Vocabulary



# Alphabet

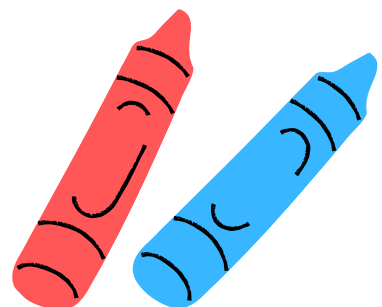
## Coloring Book

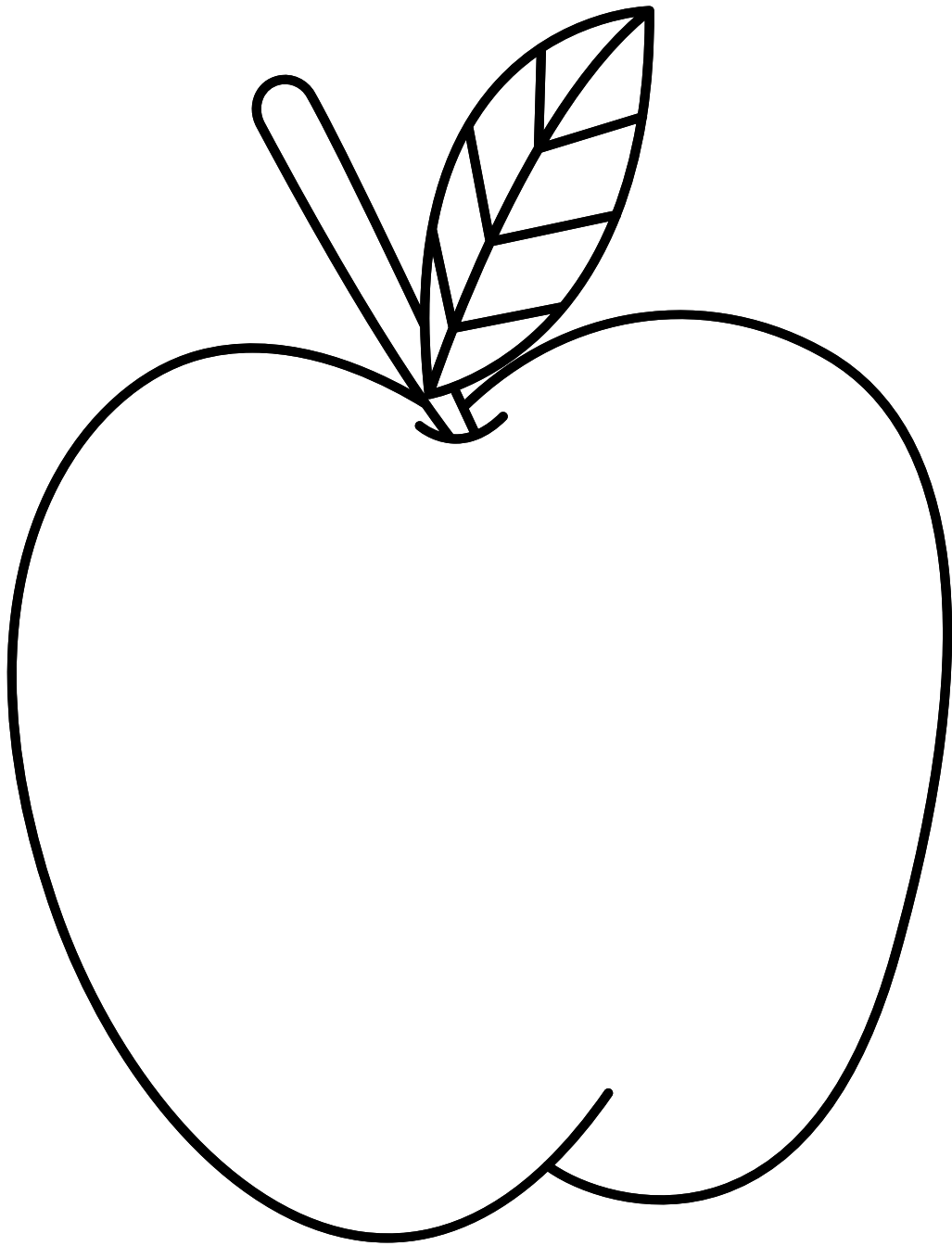


A

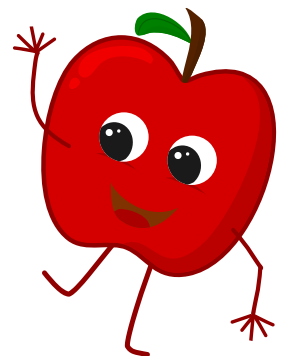
B

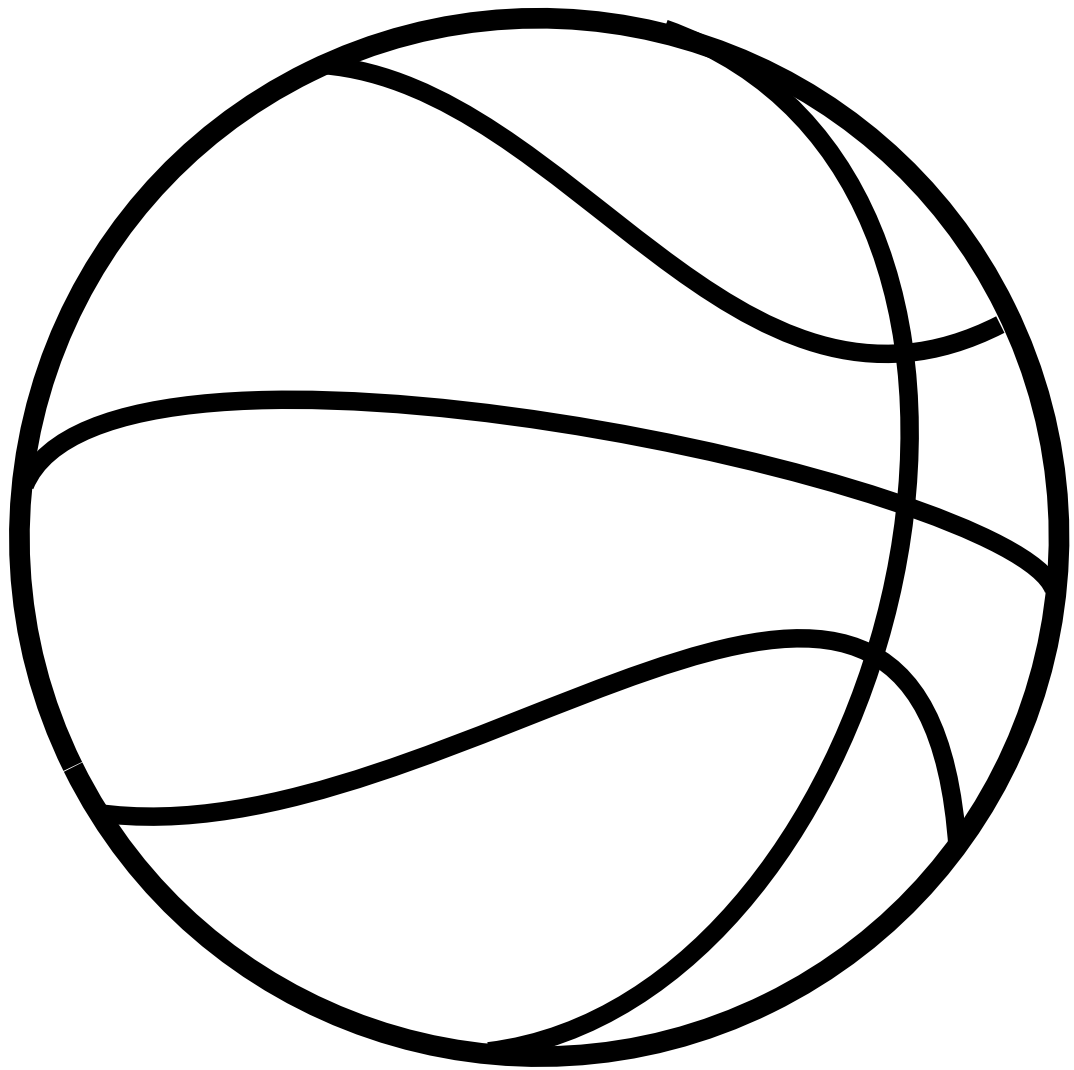
C





Apple

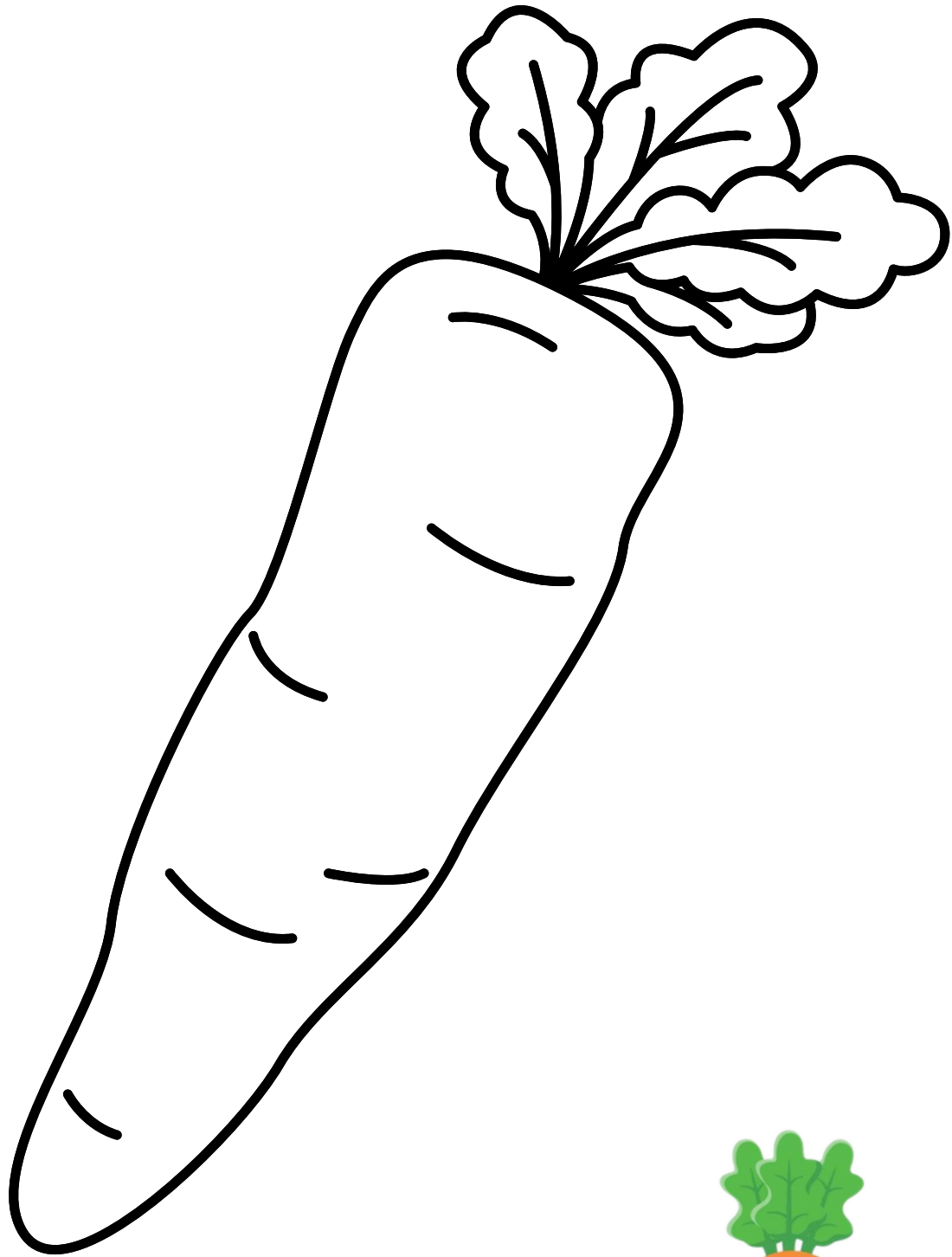




Ball

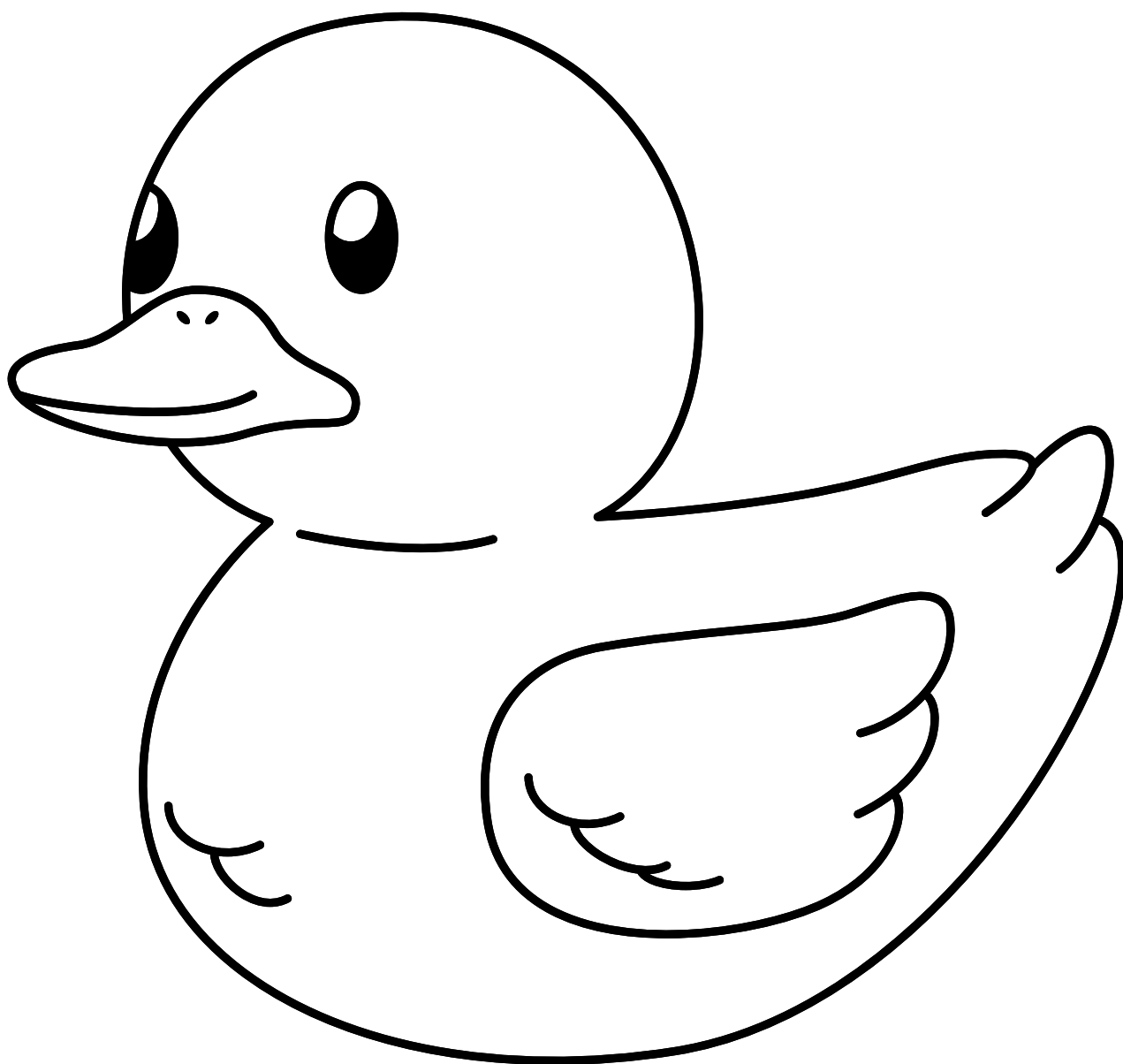




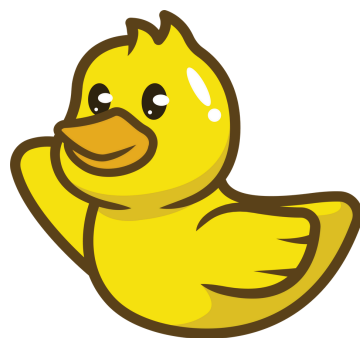


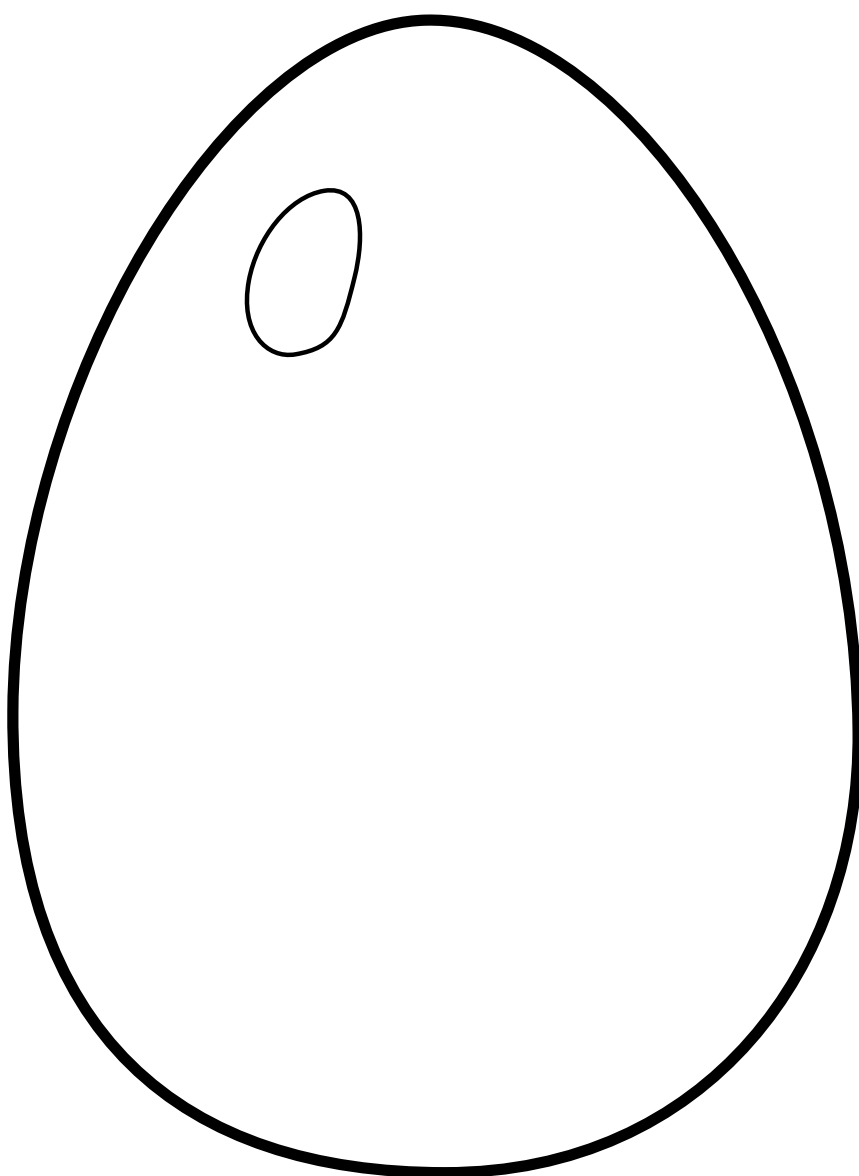
Carrot



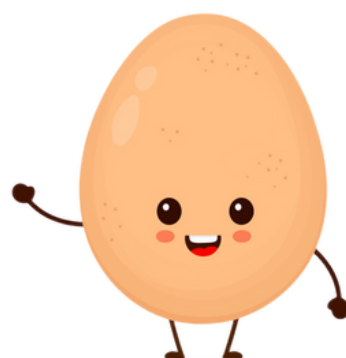


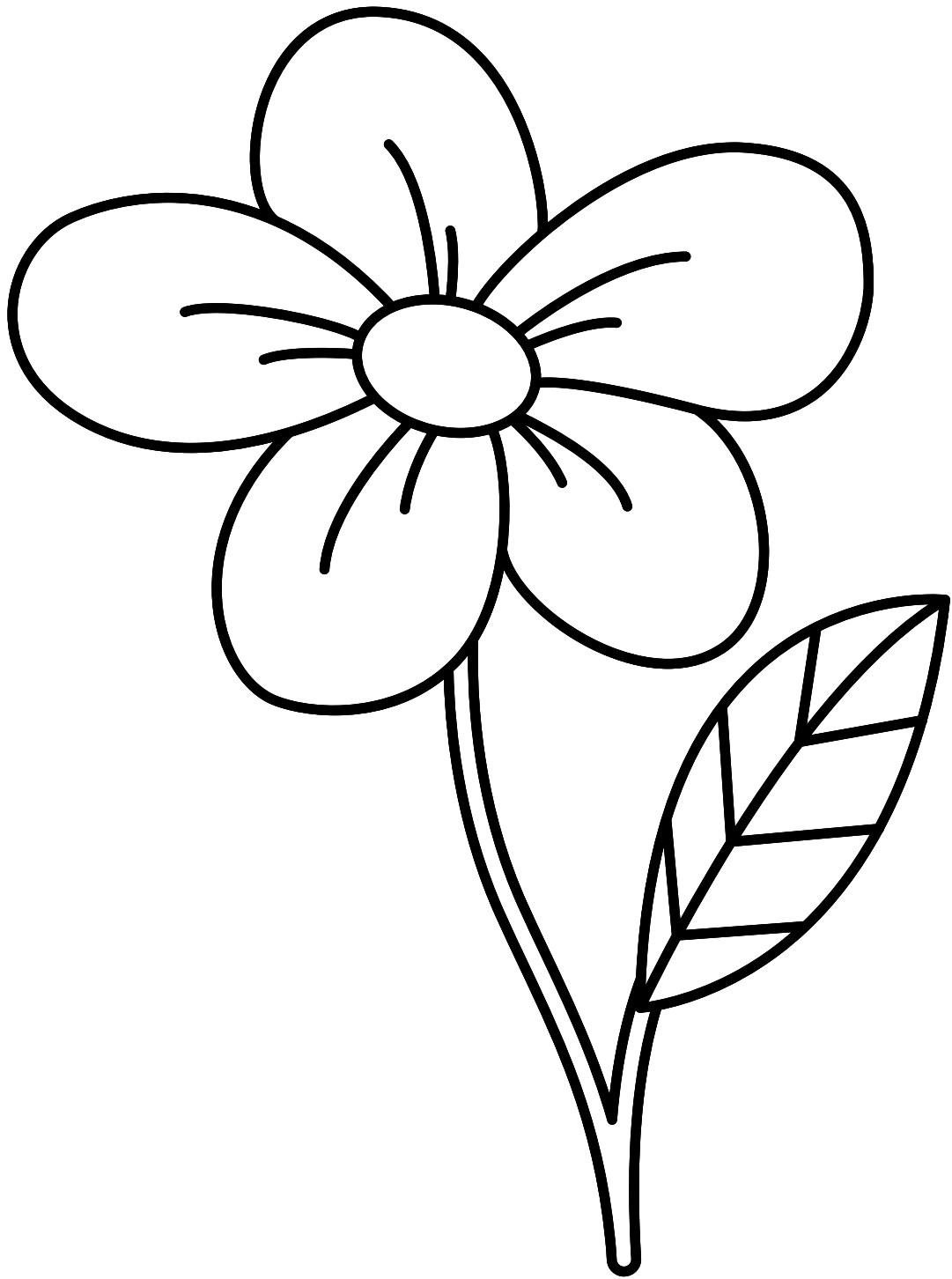
Duck





Egg





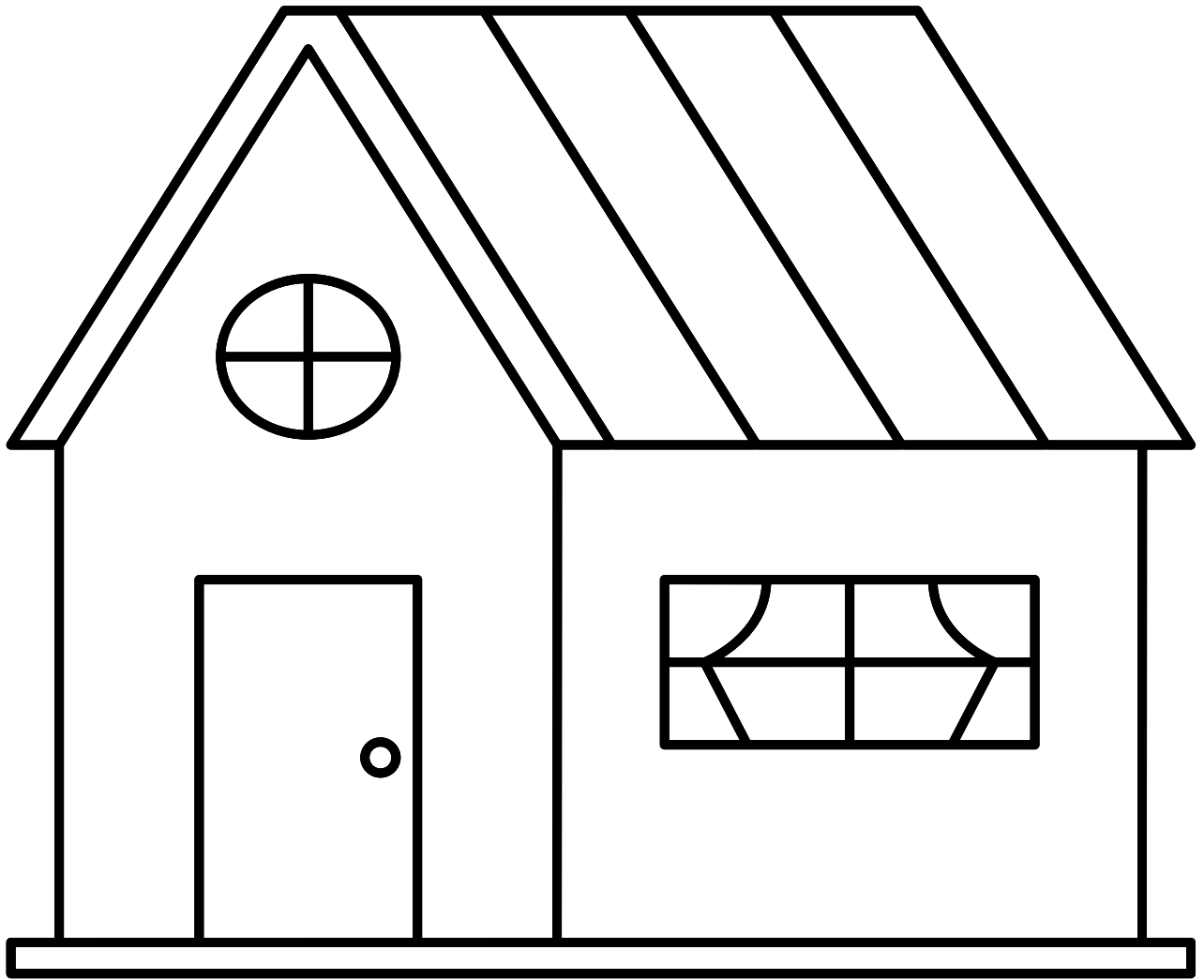
Flower





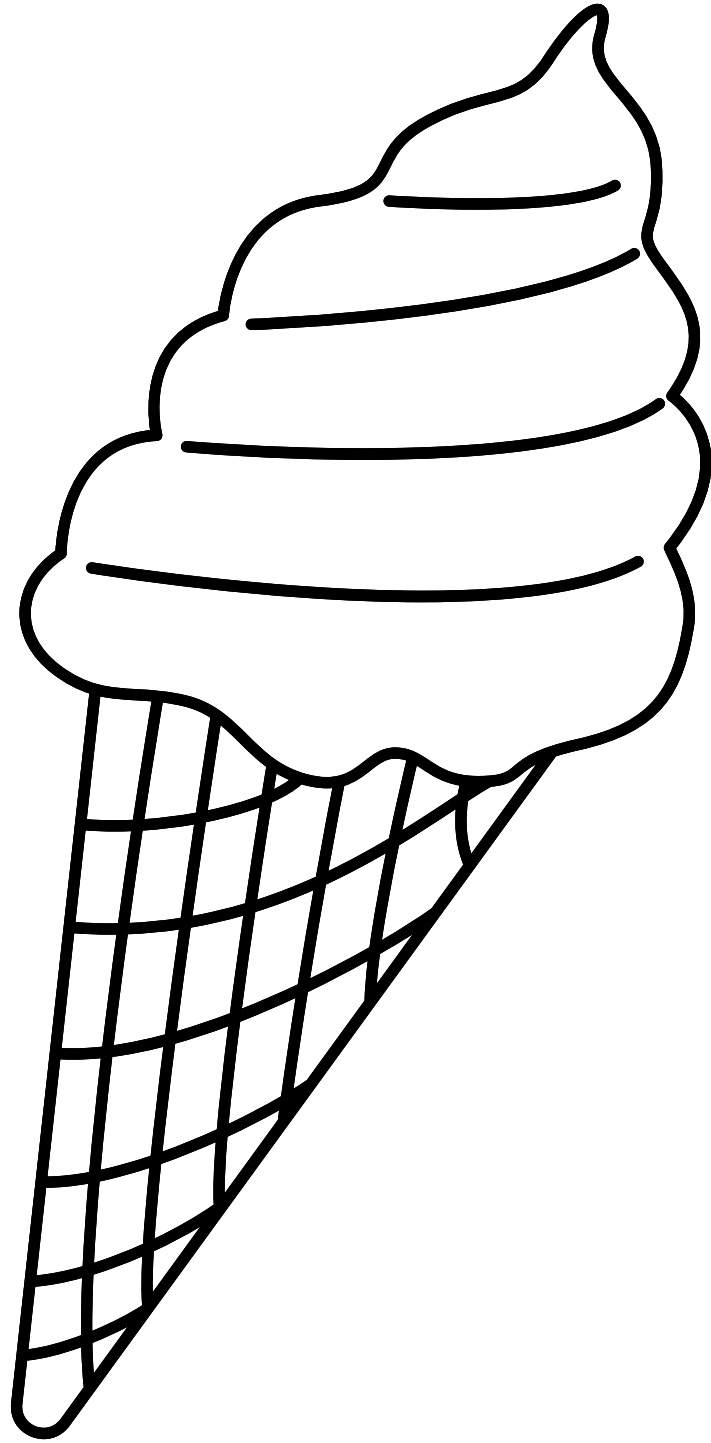
Gift





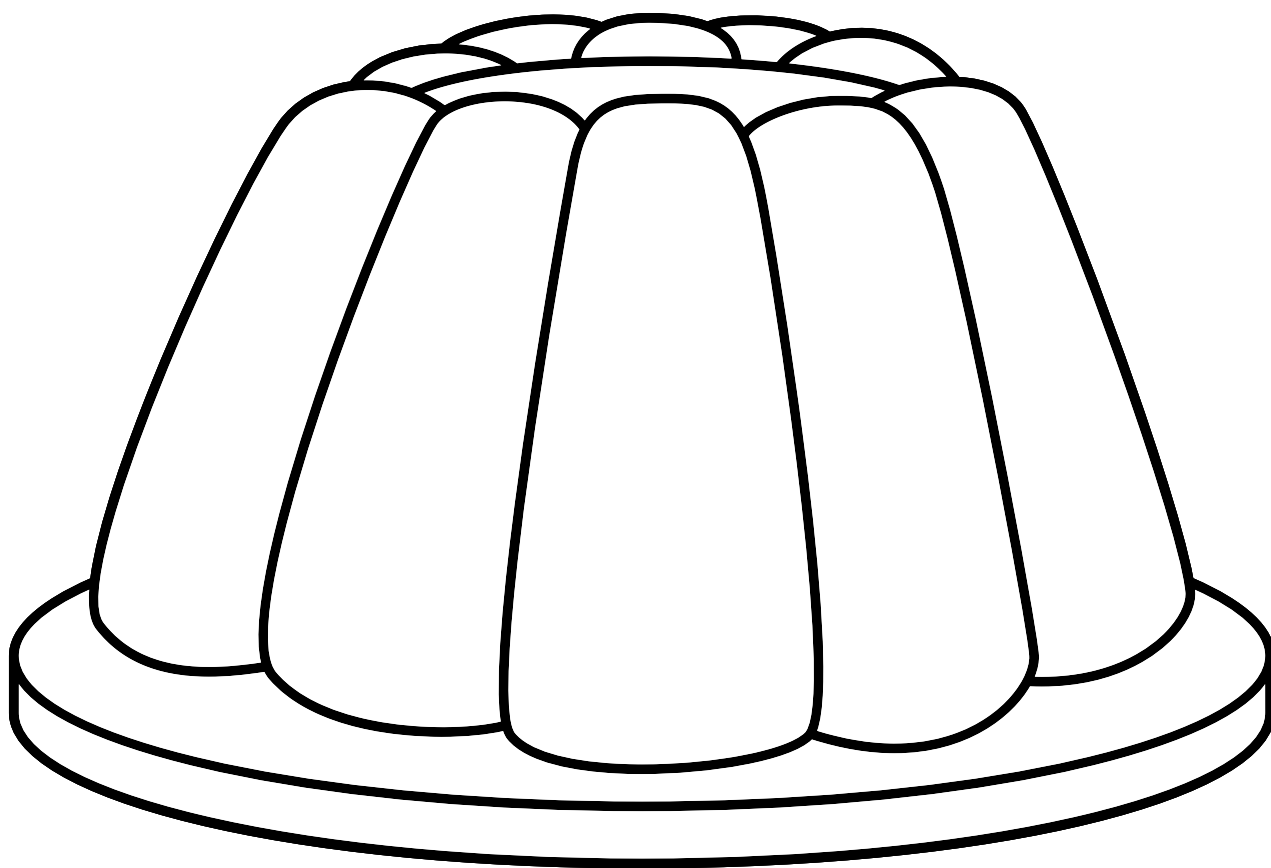
House





Icecream

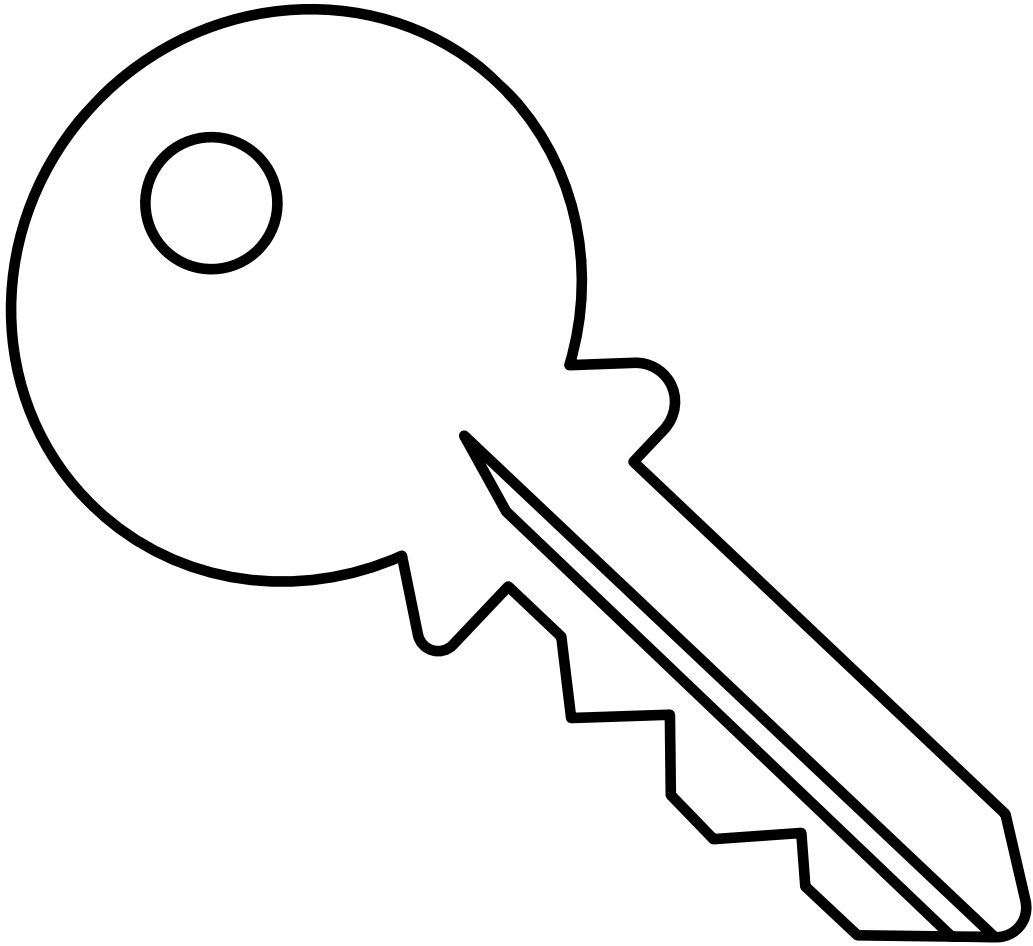




Jelly

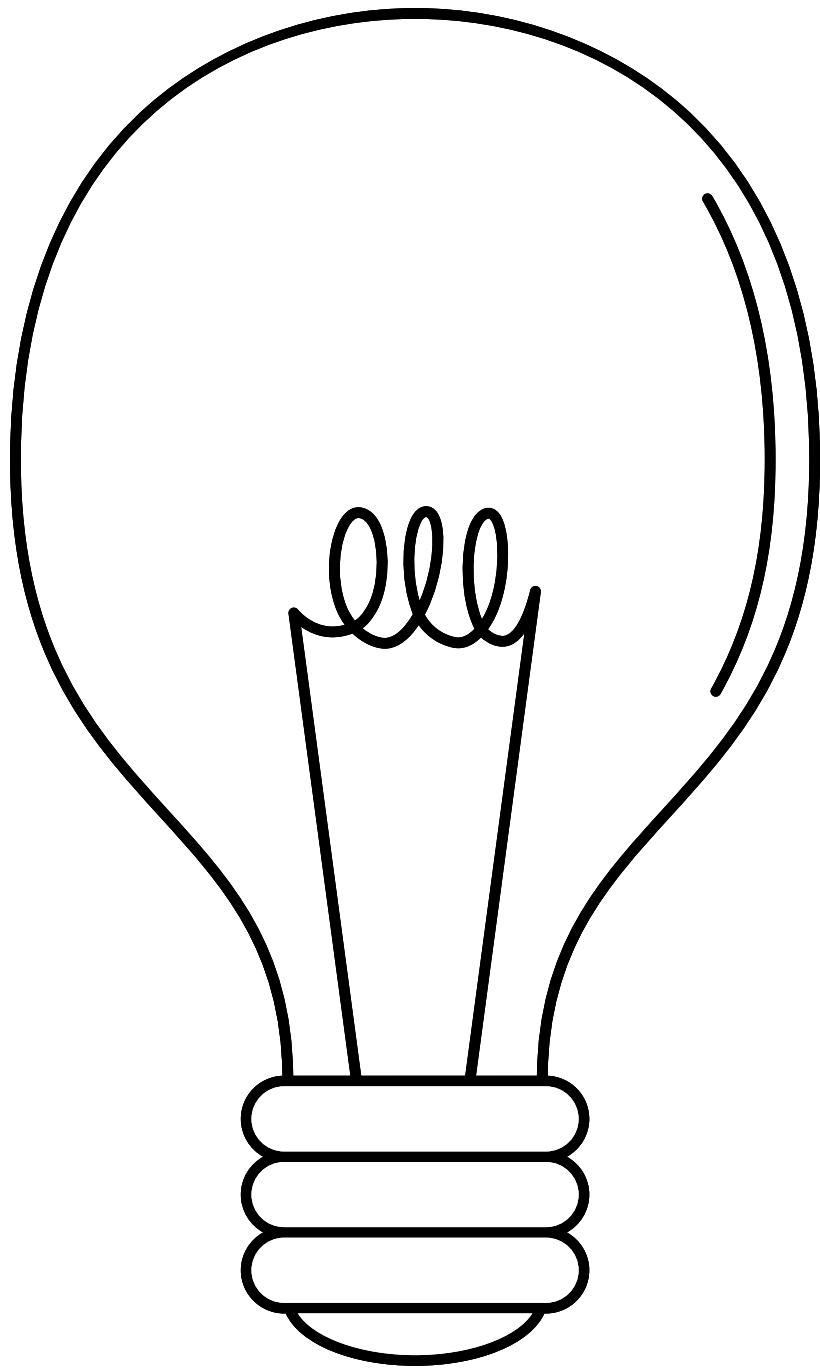






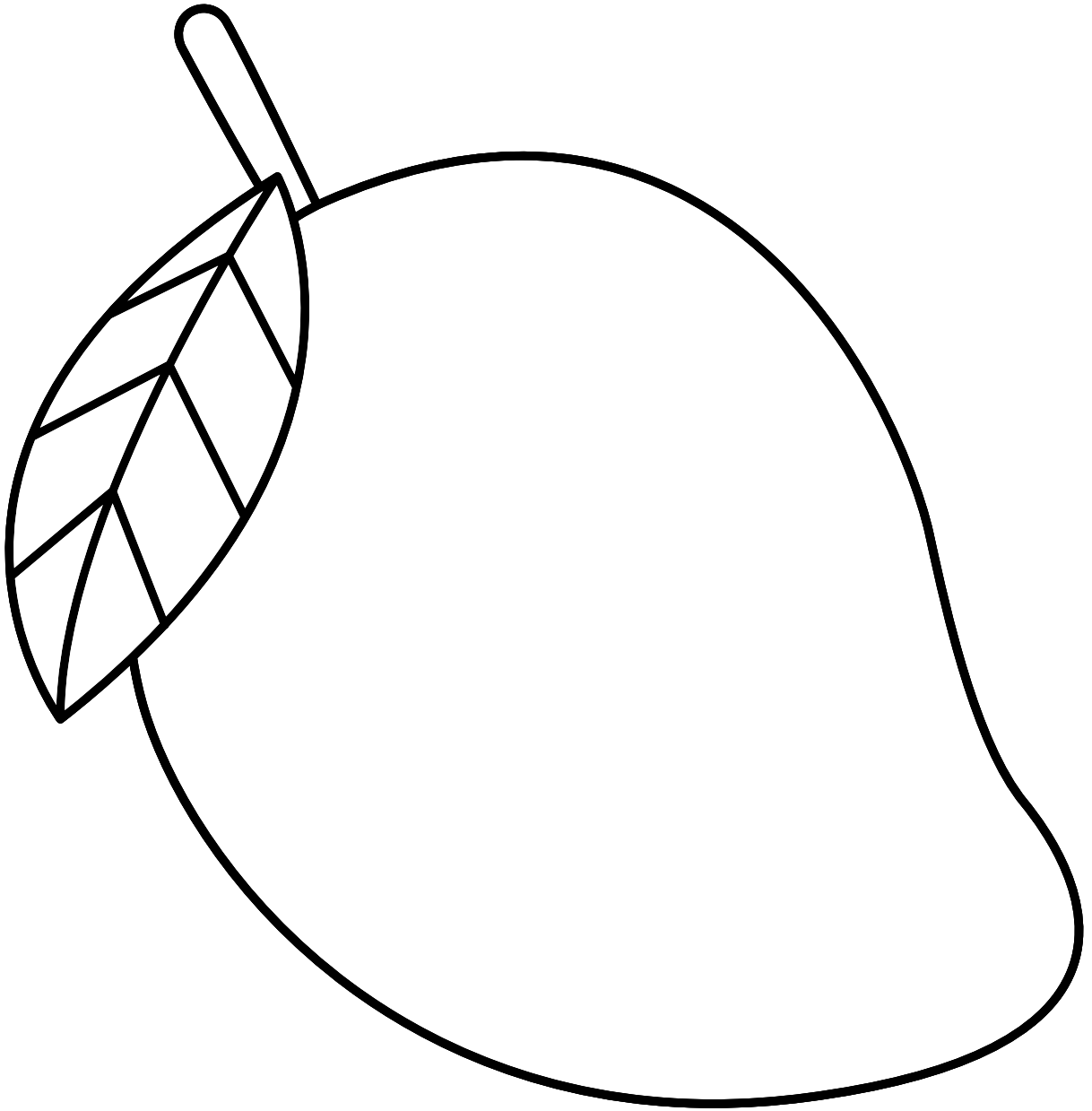
Key





Lightbulb





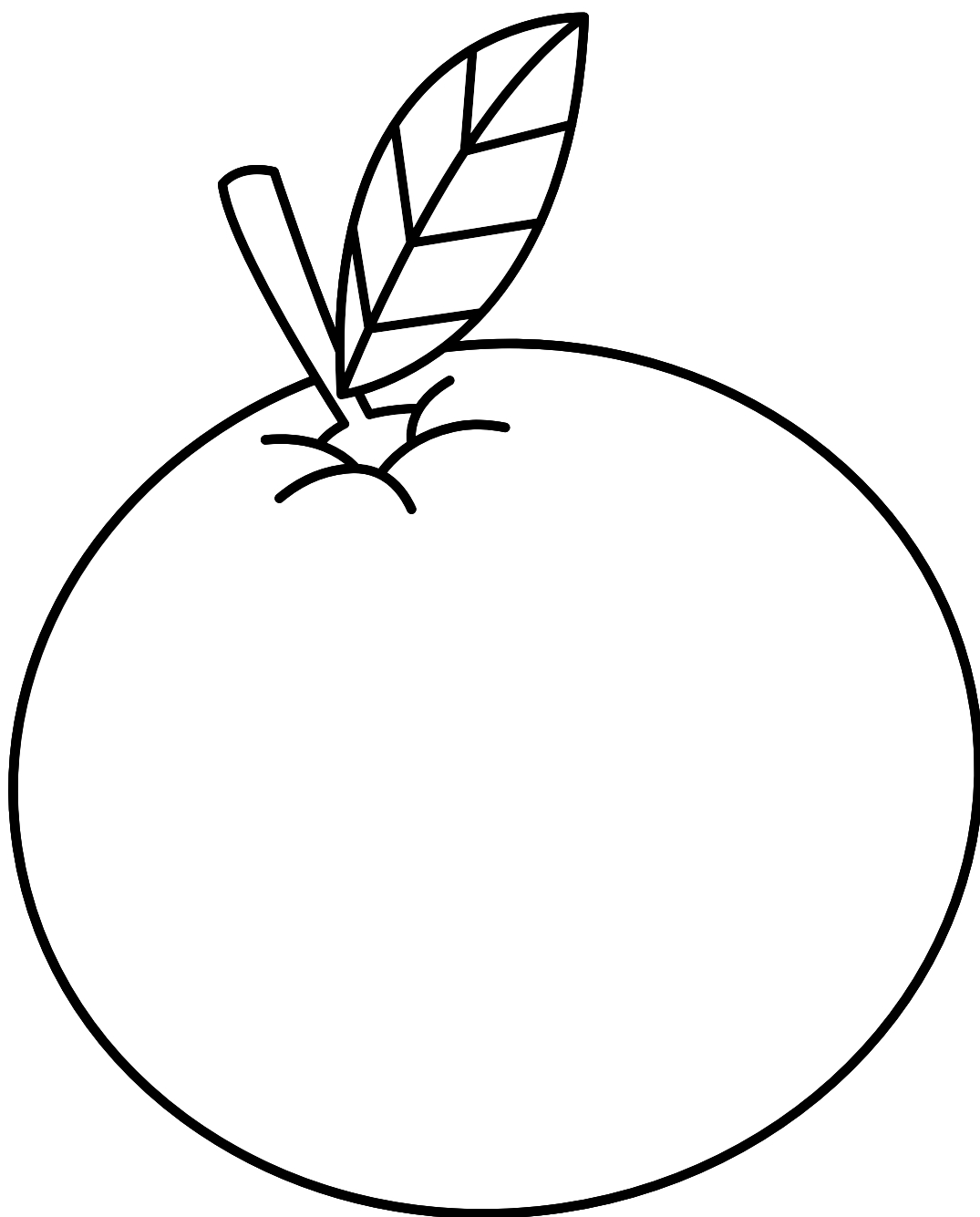
Mango





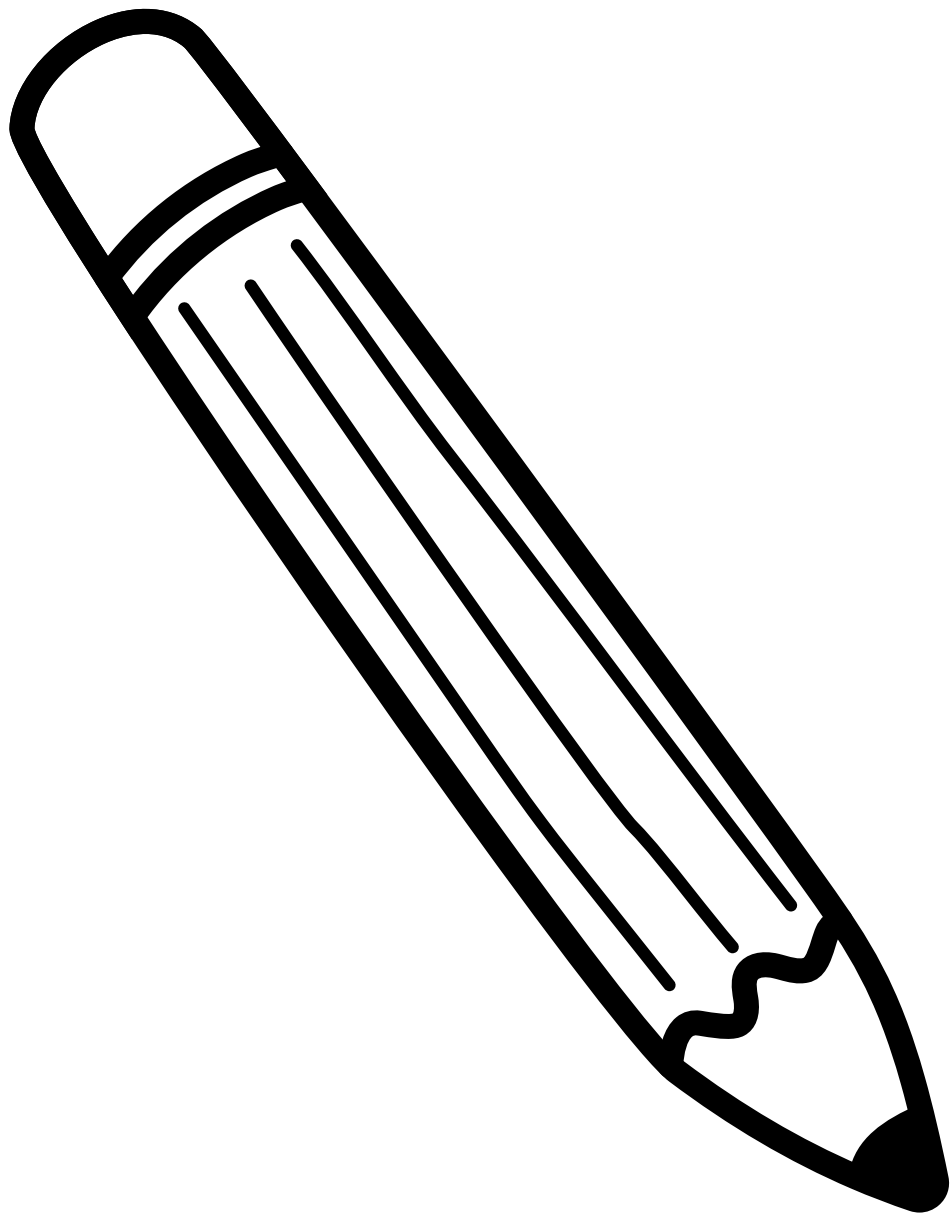
Notebook



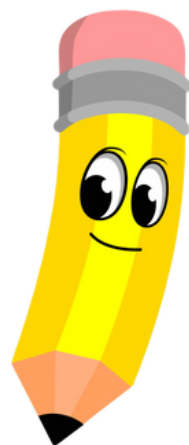


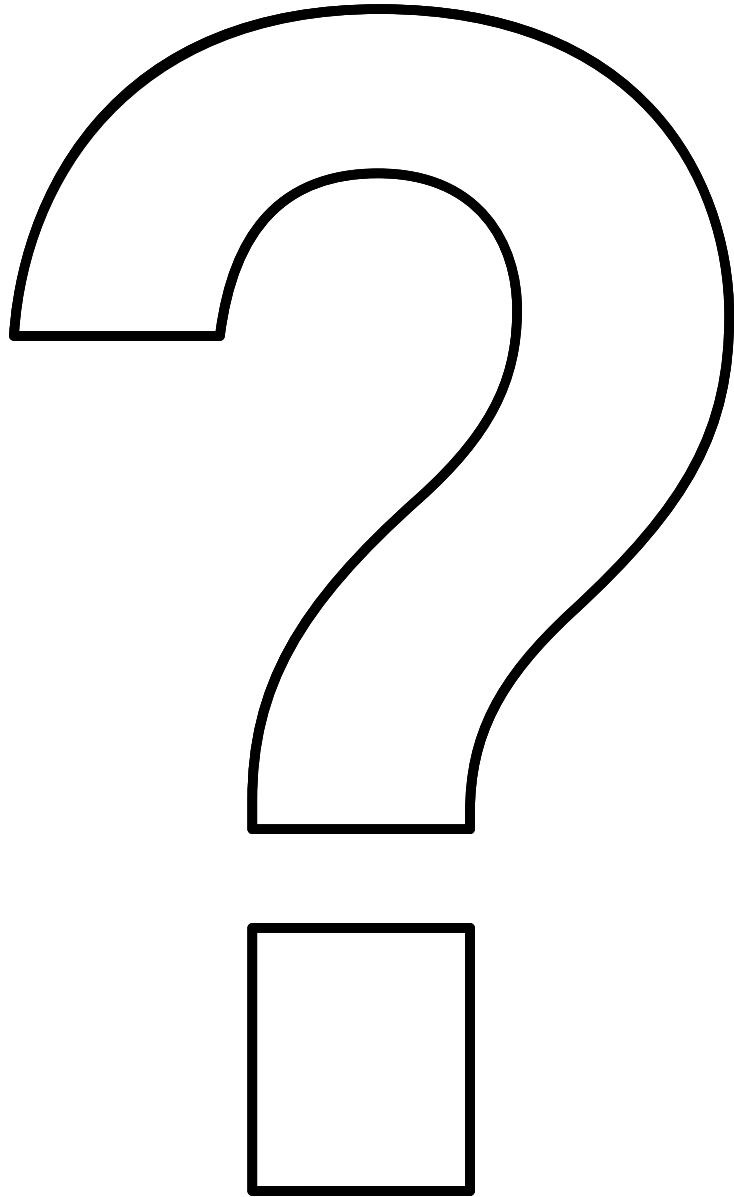
Orange



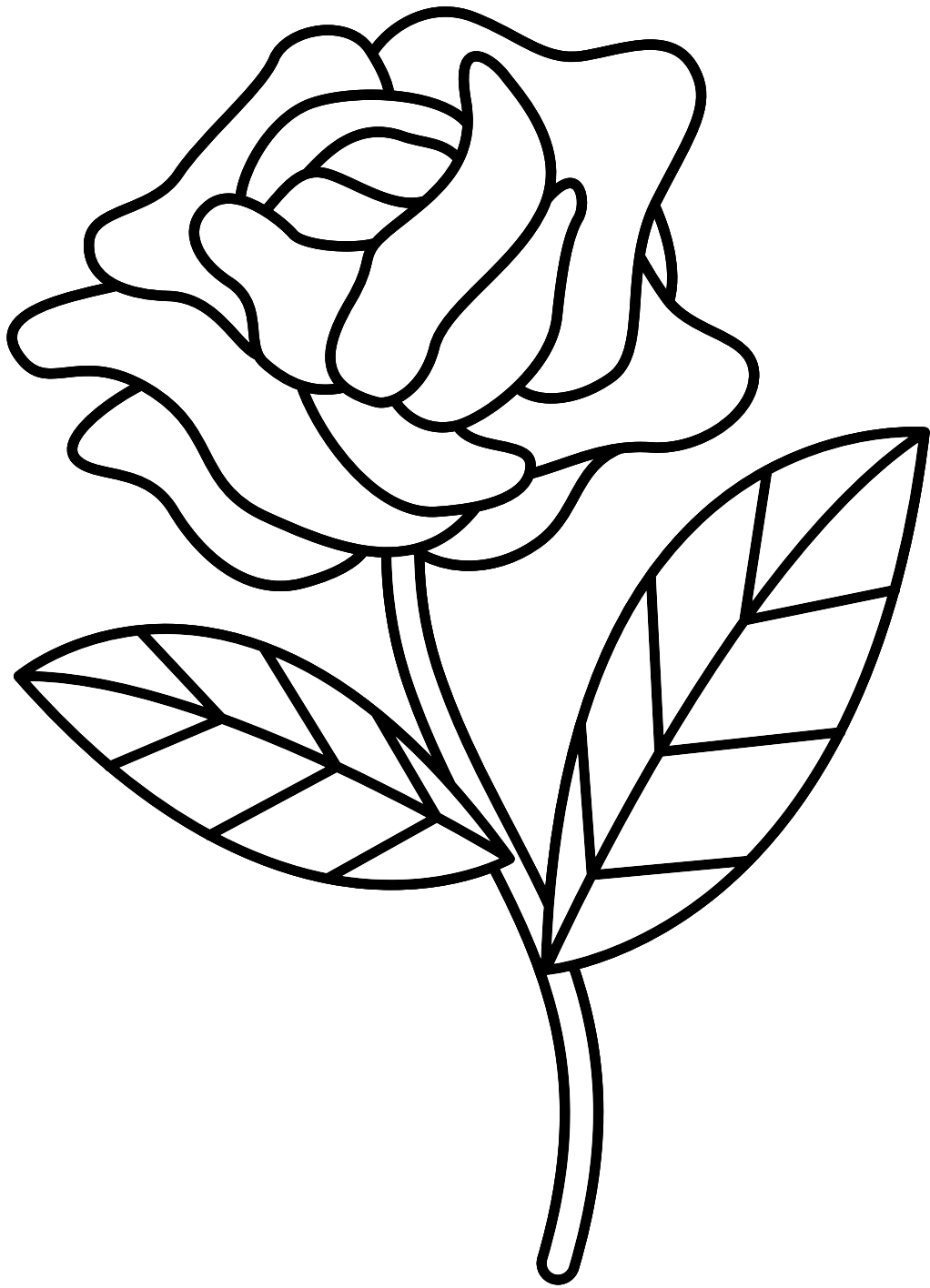


Pencil





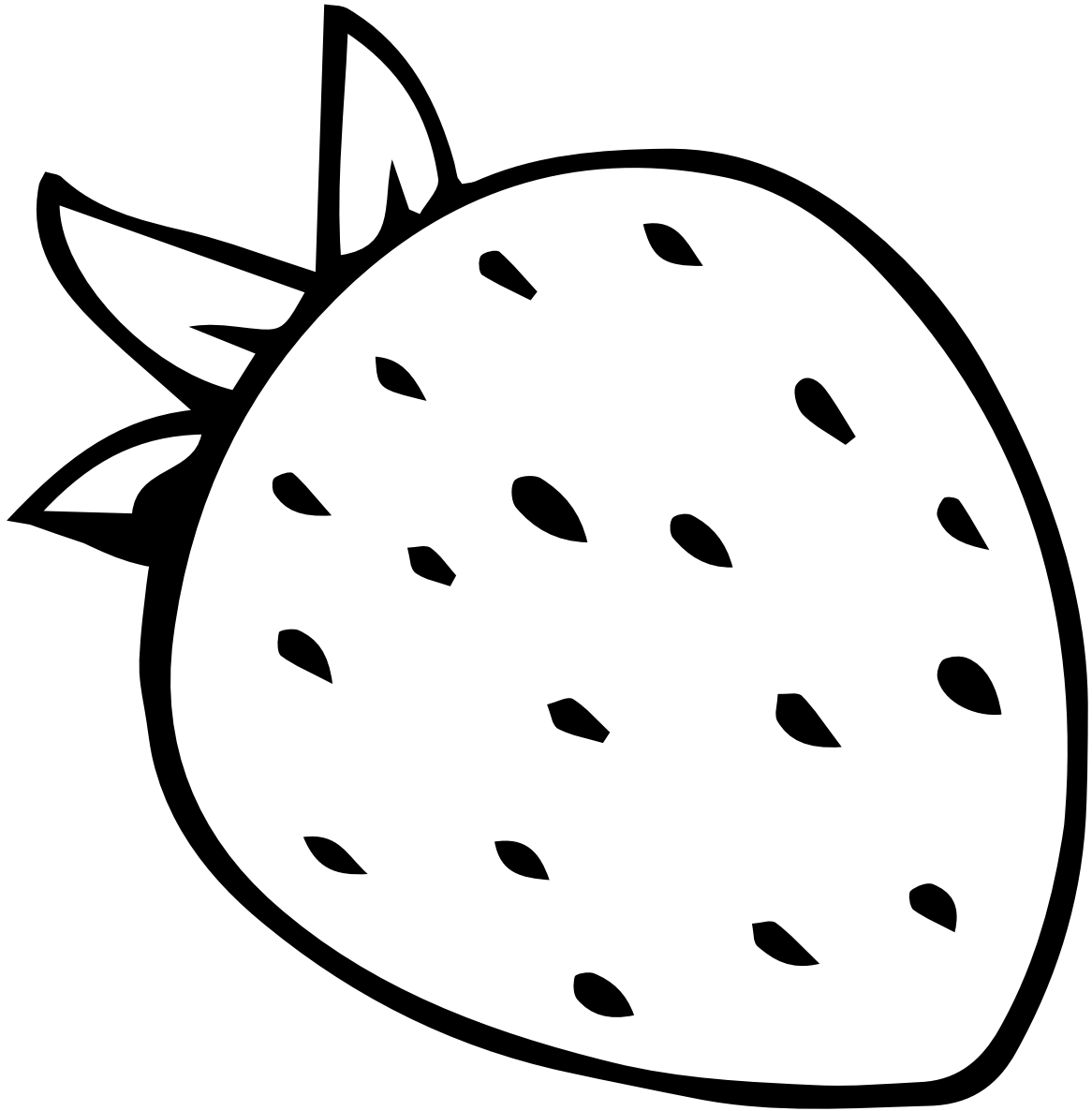
@uestion ?



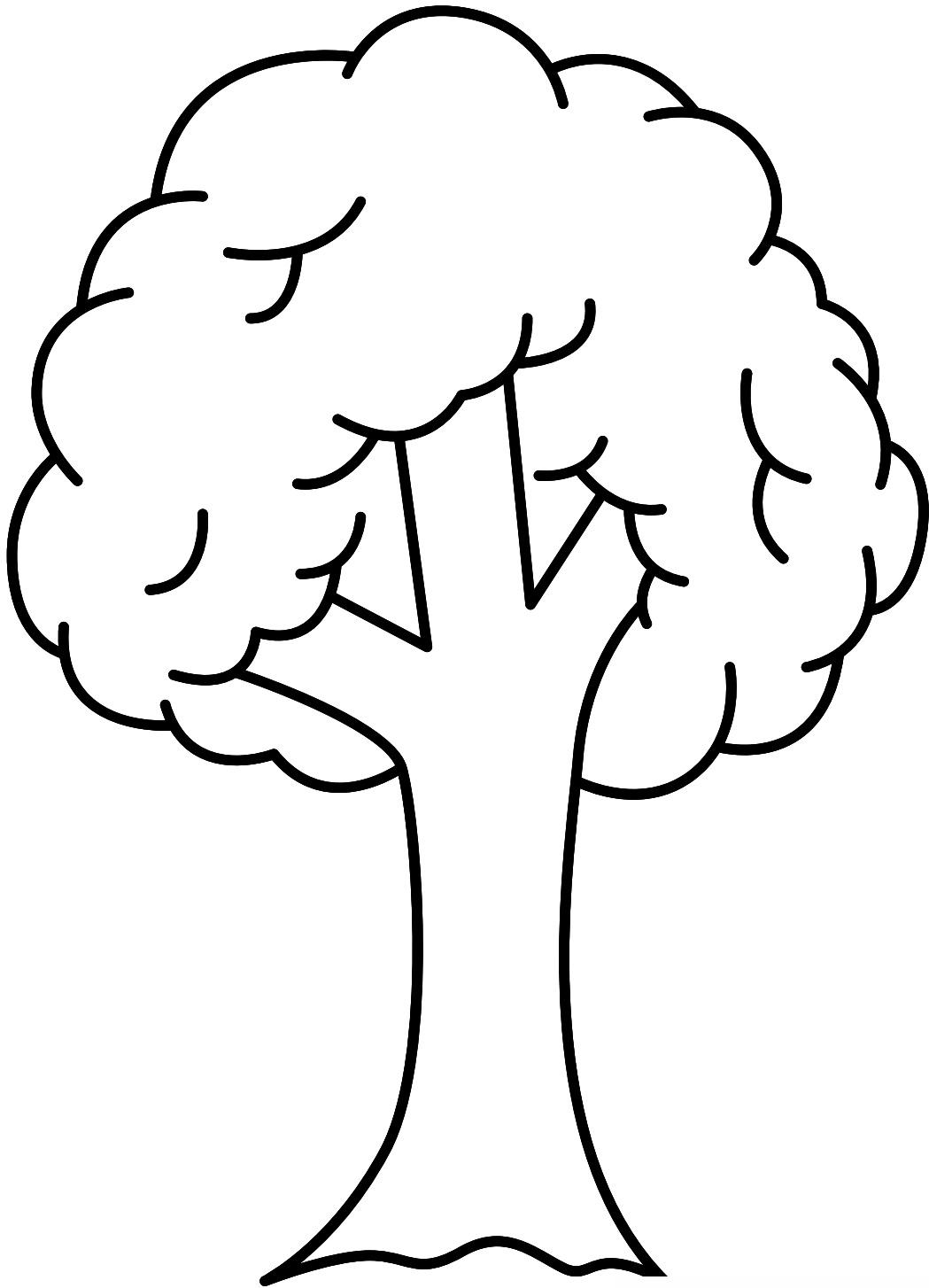
Rose





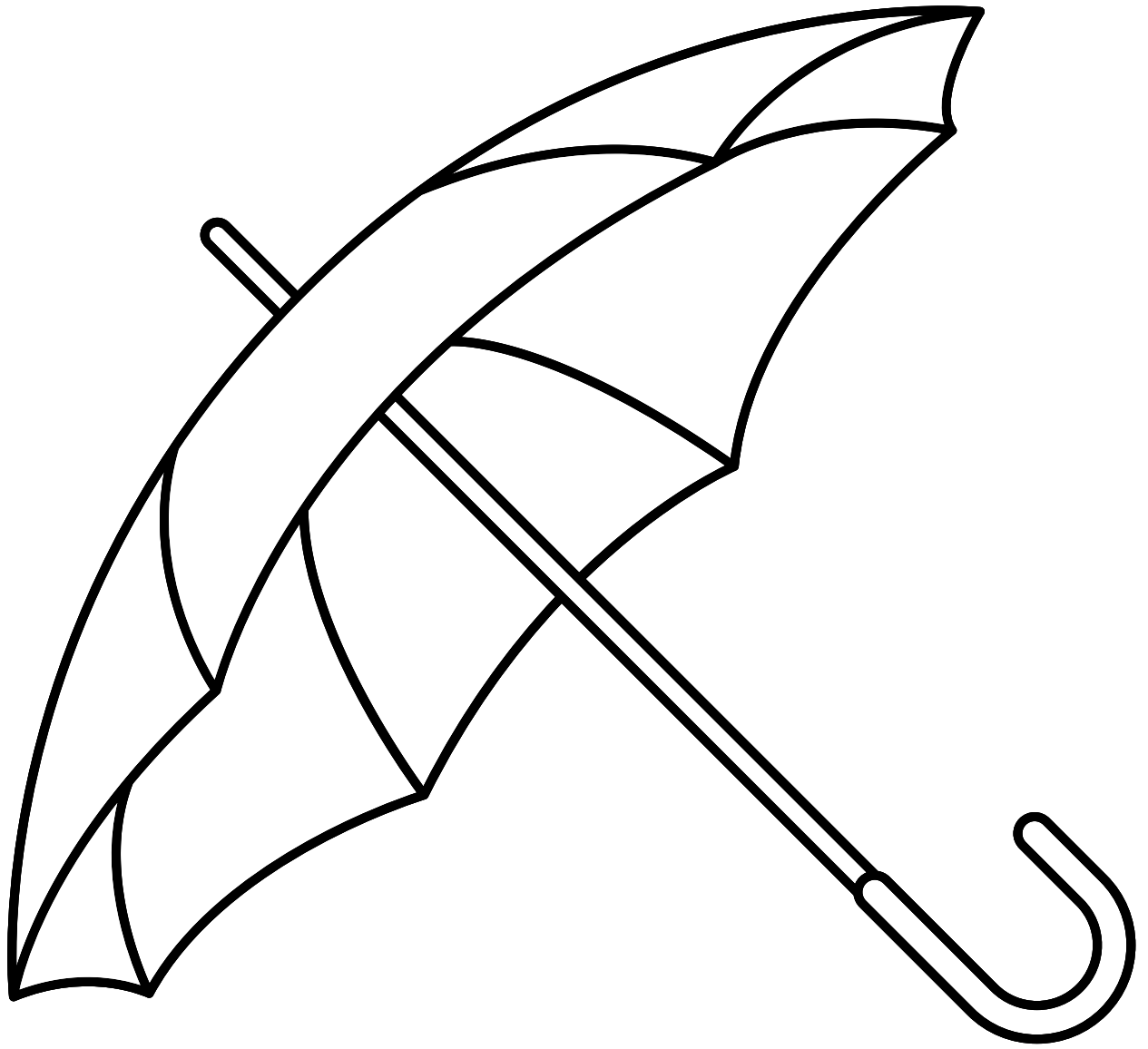


Strawberry 



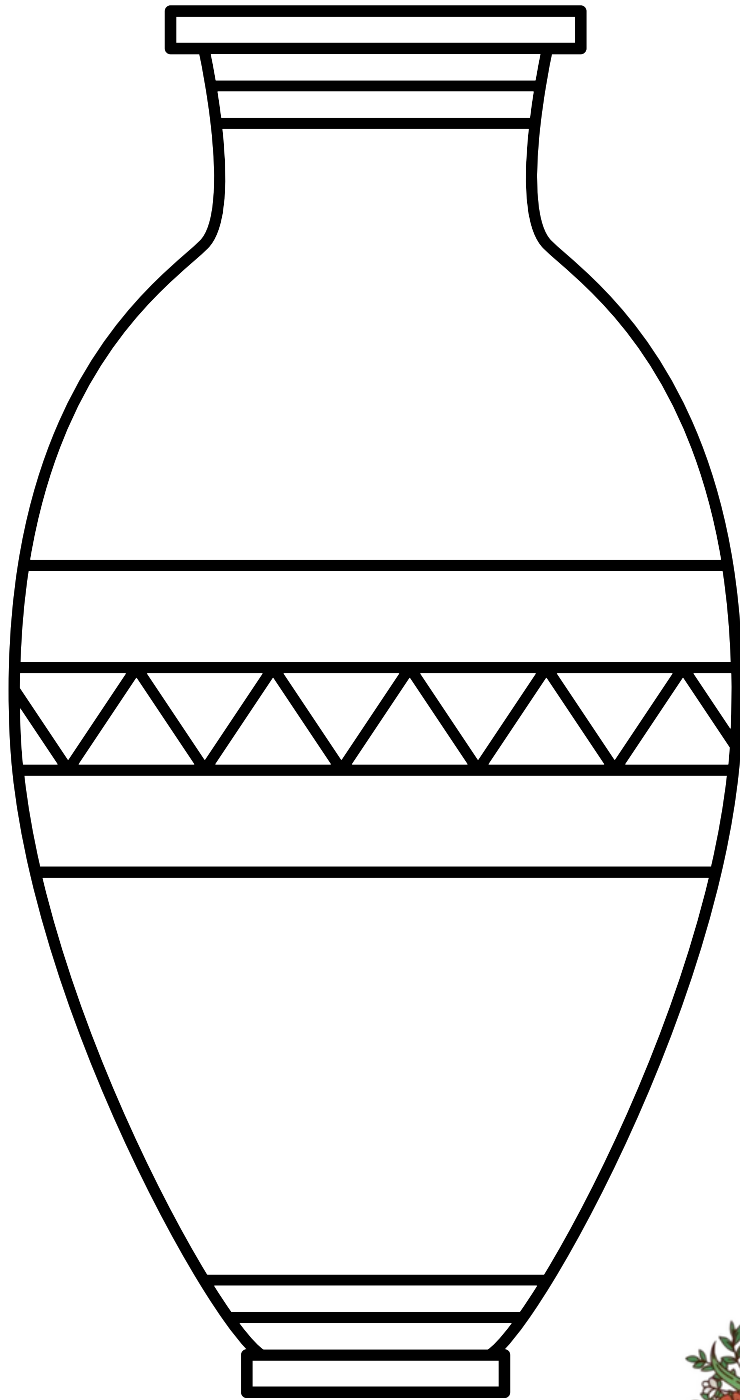
Tree





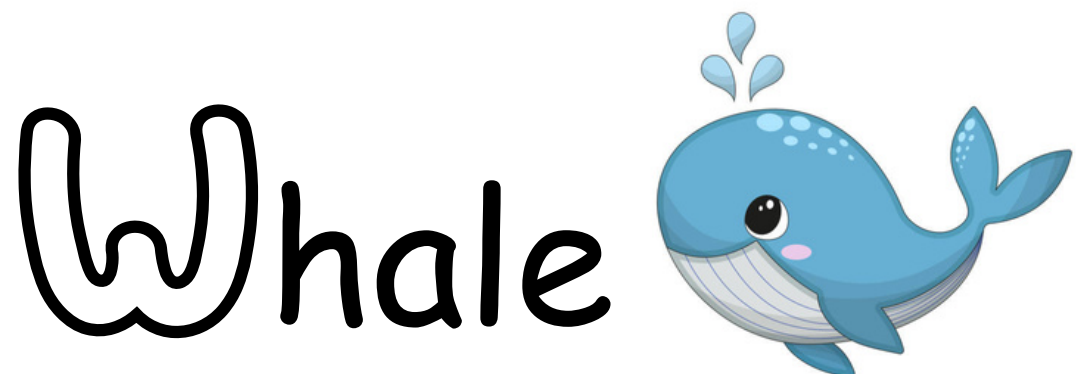
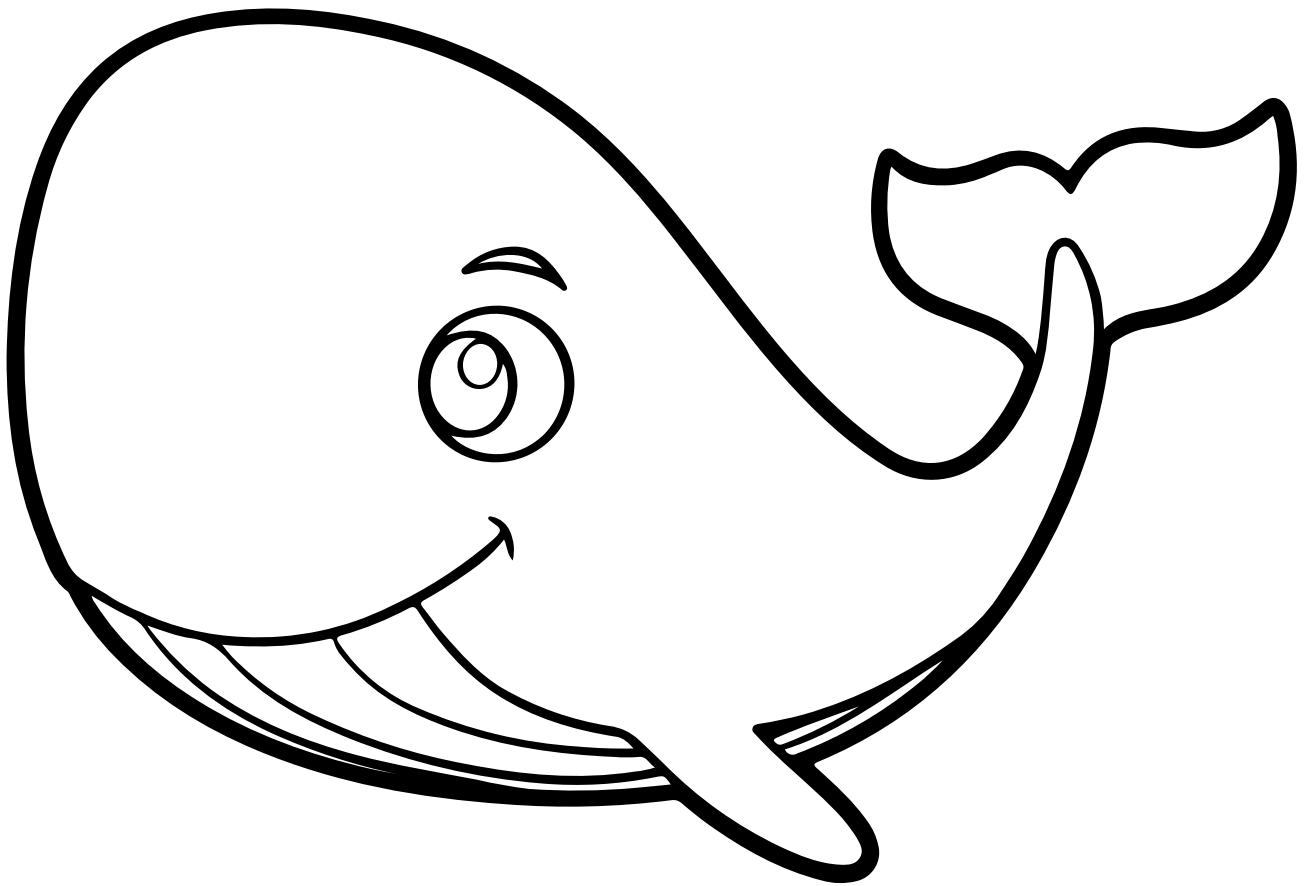
Umbrella

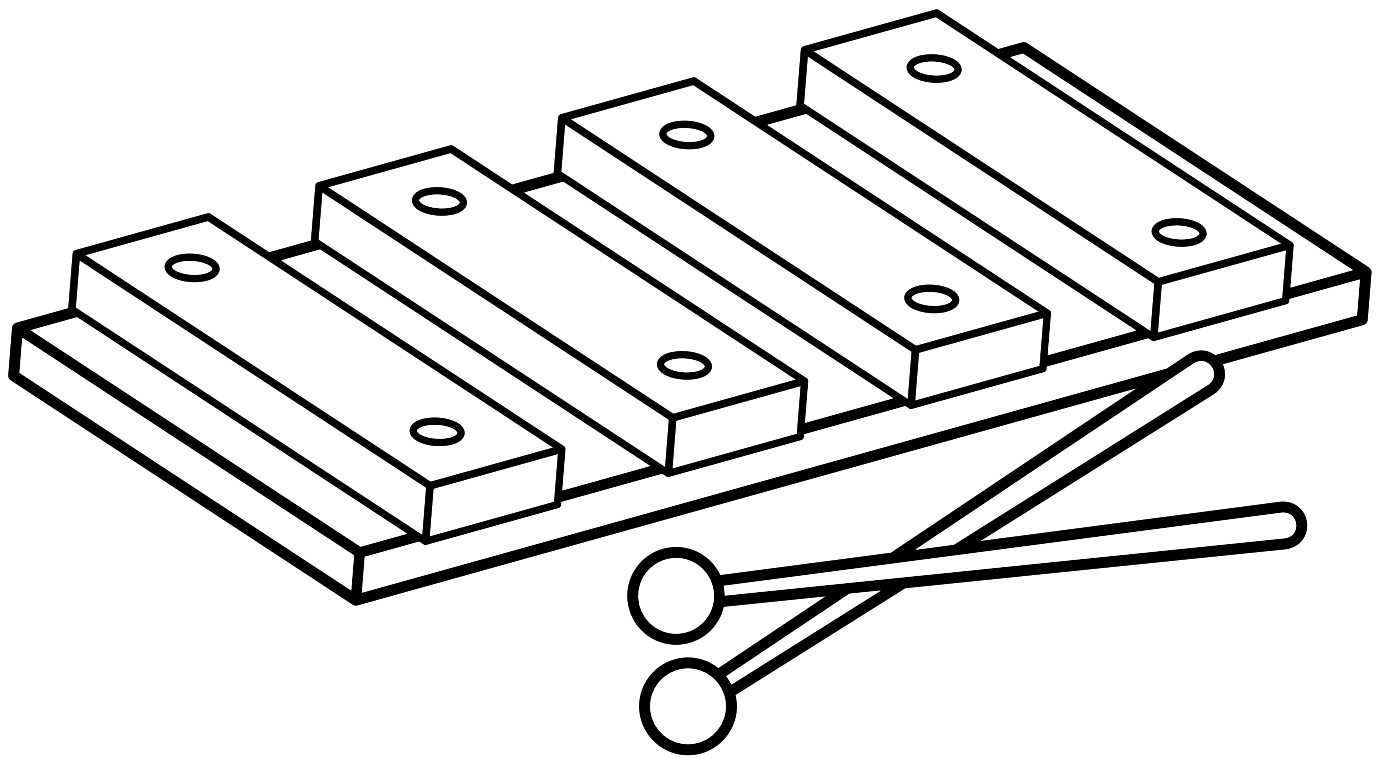




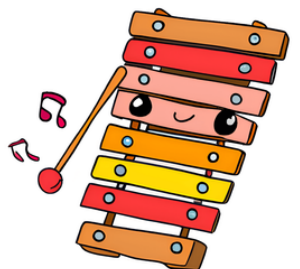
Vase

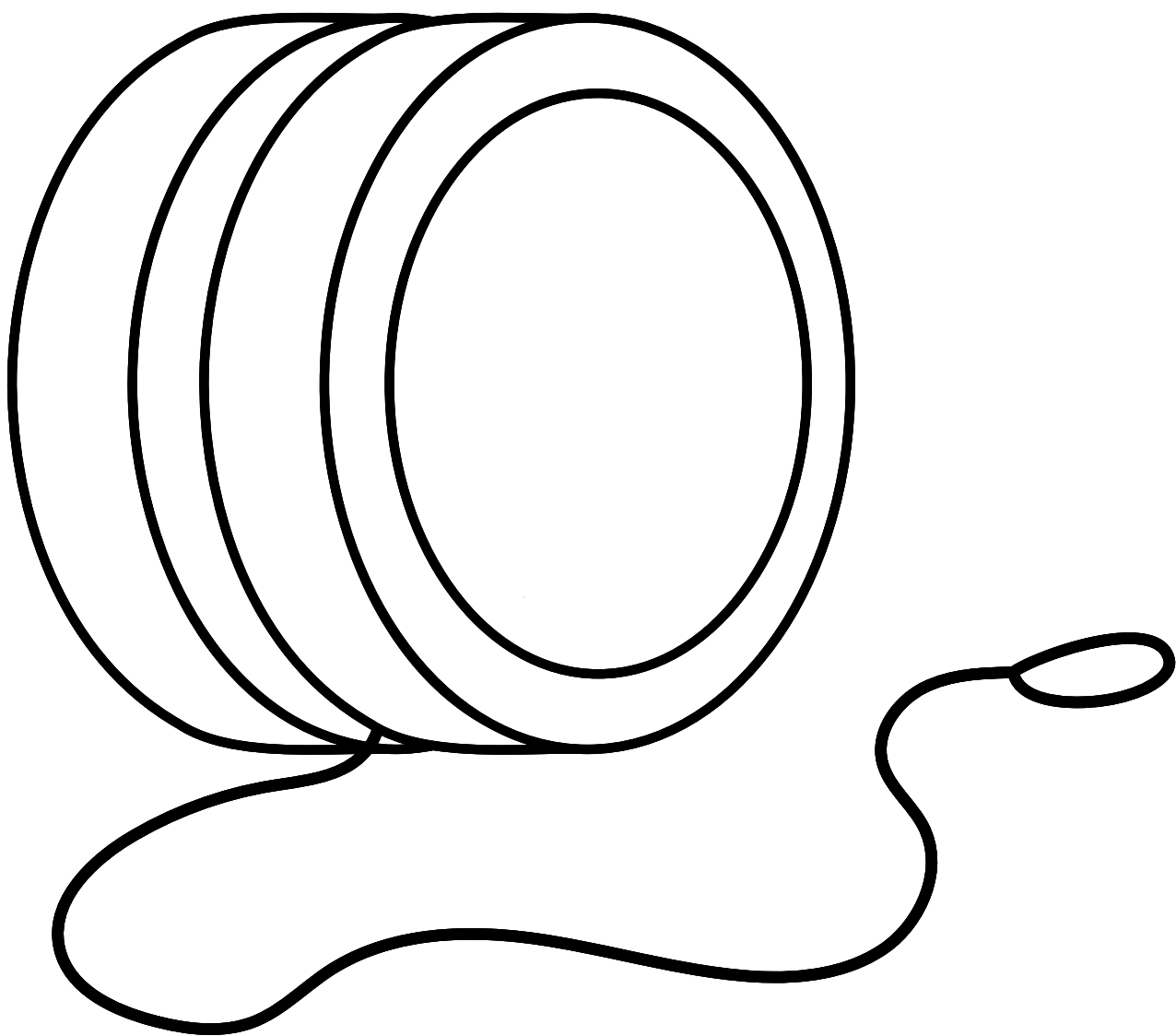






Xylophone





Yoyo

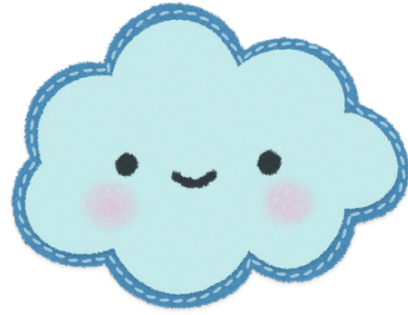




Zebra







**This handbook was created by Christa Nouneh,  
who specializes in child development.**

**If you have any questions, feedback, or need  
further assistance, please feel free to reach out  
via email at**

**christanouneh@alittlestepahead.com** 



**Thank you for your support!**



**@alittlestepahead**



**alittlestepahead.com**

**Explore a dynamic resource designed to spark children's development through engaging and enjoyable activities. Each activity encourages children to explore their unique talents and interests while developing essential skills and reaching key milestones. This resource offers a playful and effective approach to learning, allowing children to confidently progress and showcase their abilities in a supportive and fun environment.**

